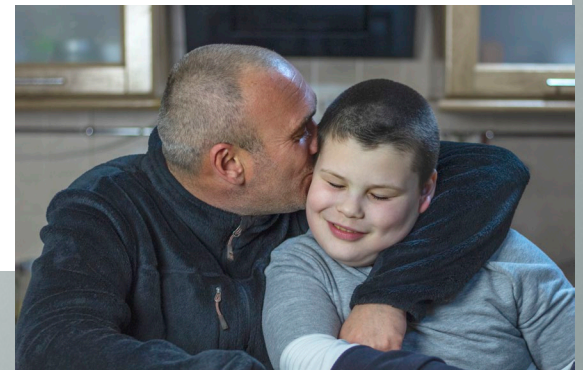
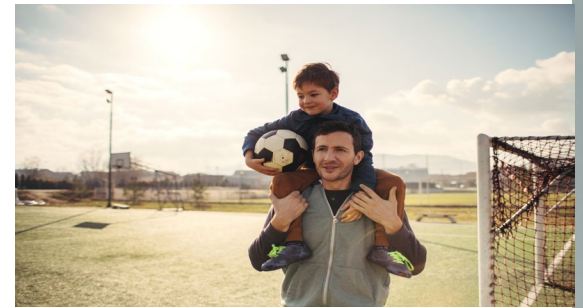


Child/Adolescent to Parent Violence and Abuse (CAPVA)



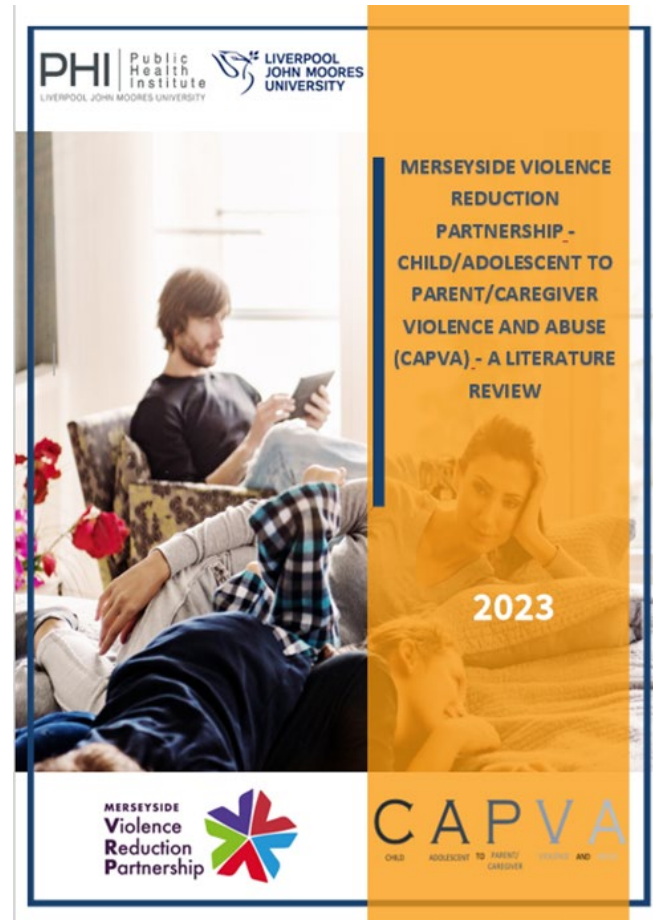
Background



- CAPVA has no single definition, it can involve any act of violence, abuse, coercion, or criminal damage in the home (or other environment) by a child/adolescent towards a parent, often following a continued pattern of multiple behaviours.
- However, globally there are many inconsistencies in the definitions of CAPVA which can be attributed to the way it is perceived, operationalised and measured, and results in little support available for those families experiencing it.
- CAPVA is becoming more widely recognised in the UK and internationally as a serious, emerging public health issue, with immense impacts on children/adolescents, parents, family members and the wider community.

The Literature Review

- ▶ An overview of CAPVA intended for services and practitioners to be used for training purposes, as well as reading material for those who may be interested.
- ▶ Summarises articles, papers and studies on all aspects of CAPVA from 1958-2022.





Summary of Review Key Findings

Terminology and Definition

Nature and Extent

Demographics

Risk Factors

Impacts

Theories and Explanations

Policy and Practice

Gaps



Policy Review

- ▶ In light of the recent Home Office consultation to define CAPVA and better respond to it, this policy review was carried out to explore
 - How CAPVA is defined through policy, legislation and guidance for practitioners
 - What approaches to preventing and responding to CAPVA are recommended in policy, legislation and guidance
 - How and by whom are CAPVA policy, legislation and guidance developed, and what evidence, theoretical framework or legislation underpins them



policy

Policy Review Findings

- ▶ Data was extracted from 18 documents
- ▶ 61% were guidance documents rather than official policy
- ▶ 61% were produced by a charity, support service or independent (such as an academic)
- ▶ 94% were targeted at practitioners
- ▶ Only 17% were targeted at police and criminal justice

Research study Key Findings Methodology



Engagement with stakeholders'

Interviews were conducted with key partners (**n~24**); and an online practitioner survey (**n~33**).



Engagement with parents

Interviews were conducted with parents/caregivers (**n~9**) who have experienced CAPVA; and an online parent/caregiver survey (**n~18**).



Advisory group and stakeholder workshop

An advisory group was established, and stakeholder (**Jan 23 n~26 & Dec 23 ~ n16**) workshop held to support this study.

Mapping of services across Merseyside that offer CAPVA support

Service name	Area (Local authority)	Support or intervention summary	Website/contact	Target group
Centre for Adoption Support	North England	Intervention/training: Dyadic developmental psychotherapy, trauma focused CBT, free online training videos, 3 stage support programme for families which involves a 1-day CAPVA workshop, an introduction to the principles of NVR and a workshop on how to manage challenging child/young person behaviour at a practical level	https://www.adoptionmatters.org/cfas/	Parents/care givers
MYA*	Merseyside	Training: CAPVA awareness presentation looking at definitions, terminology, neurodiversity in CAPVA, demographics, CAPVA and the pandemic, power and control, hidden harm, harmful behaviours, possible explanations, victimisation of parents, feelings of parents/carers, flashpoints in the day for the child/young person, cycle of violence and it worsening over time, suggested methods of praise, Eddie Gallagher's entitlement vs responsibility and support	https://mya.org.uk/	Practitioners
MDVS*	Merseyside	Intervention: RESPECT programme (see Case Study 1)	https://www.mdvs.org/	Child/young person
Brain charity*	Merseyside	Training: Neurodiversity training for CIS staff and a service for parents/carers	https://www.thebraincharity.org.uk/	Practitioners, parents/care givers
PSS service	Merseyside (Liverpool/Wirral)	Support for families who have been through unsteady times. Wellbeing centres support provided through support groups and peer support groups.	https://pspeopie.com/	Parents/care givers
Liverpool City Council*	Liverpool	Intervention: e.g. THRIVE: a 6-week course for parents/carers and practitioners to discuss the fundamentals of how a child's/young person's brain develops, how to support children/young people through change and how to identify behaviours, they also offer a free advice resource booklet for parents and carers	https://ehd.liverpool.gov.uk/kbs/liverpool/fsd/coursebookings.page?e=course/DC7-zv4Ao/	Parents/care givers, Practitioners
Liverpool CAMHS	Liverpool	Information: Website contains information resources and signposts to support services	https://www.liverpoolcamhs.com/training-resources/child-on-parent-abuse/	Parents/care givers, Practitioners
Liverpool Safeguarding Children	Liverpool	Training: Half day course to raise awareness of CAPVA and learn how to identify it, recognise good practice, and understand the	https://liverpoolsc.org.uk/events/event?id=13-child-on-	Practitioners

Partnership (LSCP)		similarities and differences between CAPVA and intimate partner violence	parent-domestic-abuse	
South Liverpool Domestic Abuse Service (SDAS)	Liverpool	Telephone and face to face emotional and practical support. Therapeutic programmes or self-esteem course. Activity groups at our Garston venue and local community buildings. Specific young person's services.	https://sdas.org.uk/	Parents/care givers
Youth Justice service*	Wirral	Intervention: Who's in Charge? (see Case study 1); Non-violent resistant (NVR) training (see Case Study 2)	https://www.wirral.gov.uk/cmmunities-and-neighbourhoods/crime-reduction/youth-offending-service	Parents/care givers, child/young person
Family Matters (family support service funded through Wirral's safeguarding partnership)*	Wirral	NVR group sessions for parents/carers, as well as signposting to appropriate services for parents who are not suited to NVR. Specific CAPVA case managers for the whole family unit. Prevention work with child/young person. PEGS booklet for parents/carers	https://www.familymattersuk.org/	Whole Family Unit
Paul Lavelle foundation*	Wirral	Intervention: 8-week programme for parents/carers affected by CAPVA, then set a 2 month goal, followed by a 9th session to evaluate; specific adolescent response and family group conference teams to support the child being abusive, e.g. Who's in Charge? (see Case study 1); Nurturing online course for parents/carers	https://paulvalleefoundation.co.uk/	Parents/care givers
It's Never OK	Wirral	Signposting/referral: Parents/carers are signposted to Who's in Charge? (via Family Matters) or the L.E.A.F project (via Open Door - see below)	https://itsneverokwirral.org/	Parents/care givers
Open Door Charity	Wirral	Intervention: Run the L.E.A.F project which looks at inter-family dynamics that could result in aggression or communication breakdown between parents/carers and children/young people. This comes with the option to complete a 4-week stress management course for any family member (Colours) and support sessions to discuss experiences with those in a similar situation. L.E.A.F also offer de-escalation training for parents/carers	https://www.opendoorcharity.com/empowerment/colours/	Parents/care givers, child/young person being abusive

Sefton Council*	Sefton	Intervention: SWACA funded COPVA project supporting parents/carers and siblings, separate support for child/young person causing harm, multi-agency steering group	https://www.sefton.gov.uk/miscellaneous/pages/domestic-abuse-support/	Parents/care givers, siblings of child/young person being abusive, child/young person
Sefton CAMHS*	Sefton	Intervention: Non-violent resistant training (see Case Study 2)	https://www.seftonliverpoolcamhs.com/	Parents/care givers
Sefton CVS*	Sefton	Signposting/referral: Signpost families to SWACA	https://directories.sefton.gov.uk/organisations	Parents/care givers, Practitioners
Sefton supporting families team*	Sefton	Intervention: Direct one-to-one support from key workers to parents/carers		Parents/care givers
SWACA*	Sefton	Intervention: Parental support in the form of developing safety plans, behaviour management plans, de-escalation techniques, self-referrals for parents/carers, have a designated adult and child caseworker, CAPVA information leaflet available online.	https://swaca.com/child-on-parent-violence-and-abuse/	Parents/care givers
St Helens Council*	St Helens	Raising awareness of CAPVA through partnership forums, engage national charities and support groups to develop local responses to CAPVA, training for practitioners in services who work with families that have been identified as having risk factors for CAPVA, ensure CAPVA is identified through the Edge of Care service, family support workers for those identified as experiencing CAPVA	https://www.sthelens.gov.uk/article/7263/information-for-families	Practitioners, parents/care givers
St Helens The Best Me CIC	St Helens	Intervention: Non-violent resistant training (see Case Study 2)	https://www.sthelensbestme.com/	Parents/care givers
The First Step	Knowsley	Knowsley's only domestic abuse support service and provides 1-1 support, supports individuals who are high risk through advocacy, emotional support and legalities and provides refuge.	http://www.thefirststep.org.uk/	Parents/care givers
Knowsley Council	Knowsley	Safeguarding form for adults who are at risk to signpost them to support.	https://forms.knowsley.gov.uk/Adultsafetyguarding	Practitioners, parents/care givers

*Organisation has been involved in this research project via practitioner interviews, attended the workshop, circulated practitioner survey

CAPVA specific interventions across Merseyside

Respect Young People's Programme (RYPP)

Who's in Charge

Non-violent Resistance Training

CAPA First Response



Recommendations

System wide recommendations

- ▶ Establish a Merseyside CAPVA multi-agency steering group
- ▶ Enhance CAPVA data collection and sharing within and across organisations
- ▶ Training for practitioners
- ▶ Public awareness campaign



Intervention specific recommendations

- ▶ Support website and helpline
- ▶ Increase police awareness of support services:
- ▶ Parent/caregivers support groups
- ▶ Engage schools in prevention
- ▶ Tailor interventions to ensure they are person/family centred, considering neurodiversity
- ▶ Research and evaluation

